

FORT COMFORT

Residency booklet

9 to 17 may 2022

De Grote Post

OSTEND

PROTOTYPE 1

« A gigantic wave
approaching, about to
drown me. »



«To watch helplessly the collapses all around. And the collapses inside.
I observed what it did to me, intimately.
The stupefaction.
The paralysis.
The solitude.
And I wanted to create a space where I could join other solitudes to unfold these emotions.

I wanted to invent a collective solace ritual from which to draw energy, strength and joy to live in the present.

Today and tomorrow, we will work on building this space of comfort, collectively.

With the help of rocks, toasts, one-on-one walks, apples, cherries, naps, letters to the future. »



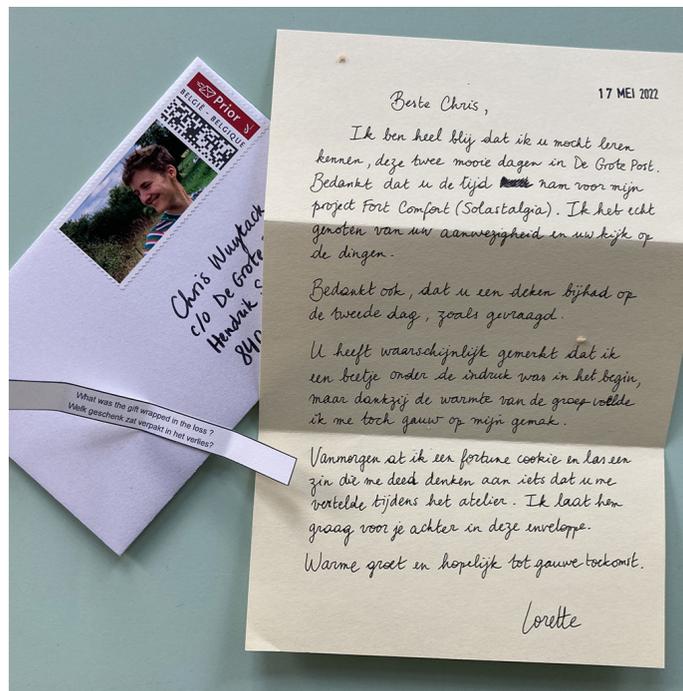
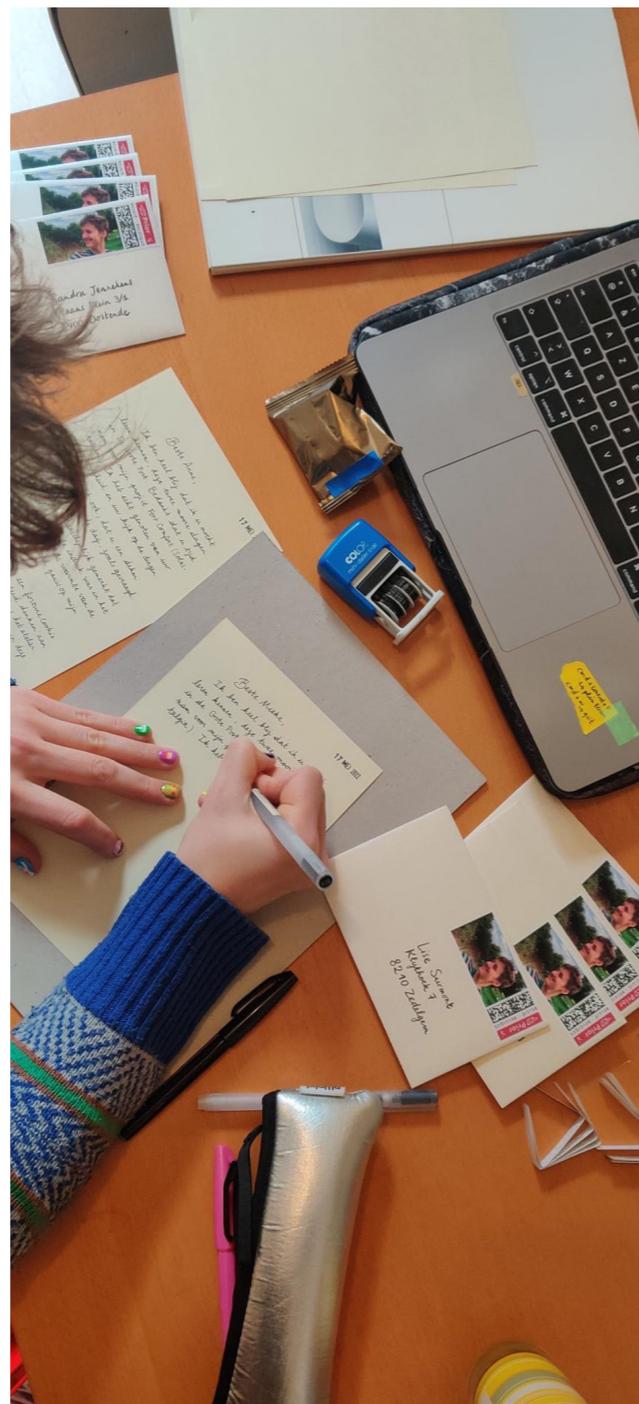
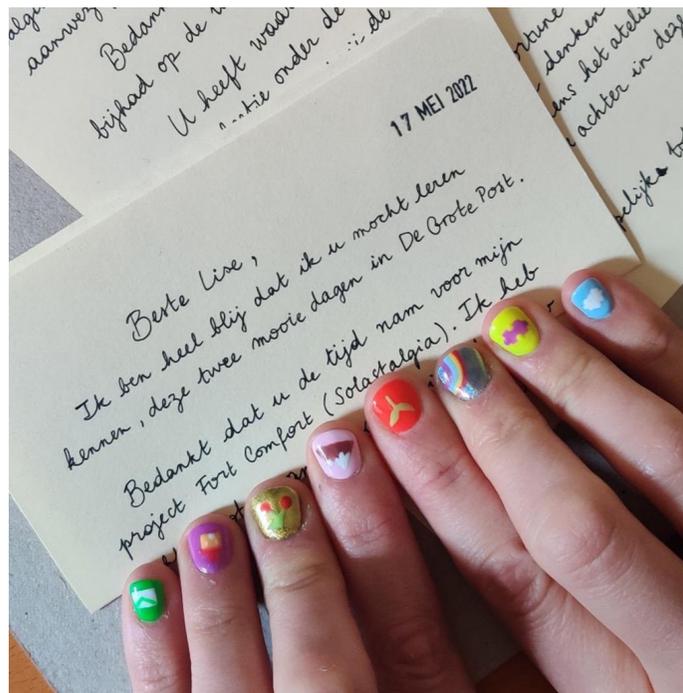
« I'd like to
propose a toast,
to sorrow. »

« To sorrow, which
sometimes crashes upon
us like a gigantic wave,
shattering, merciless.

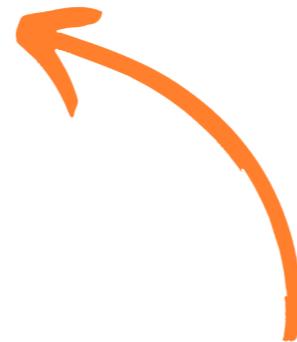
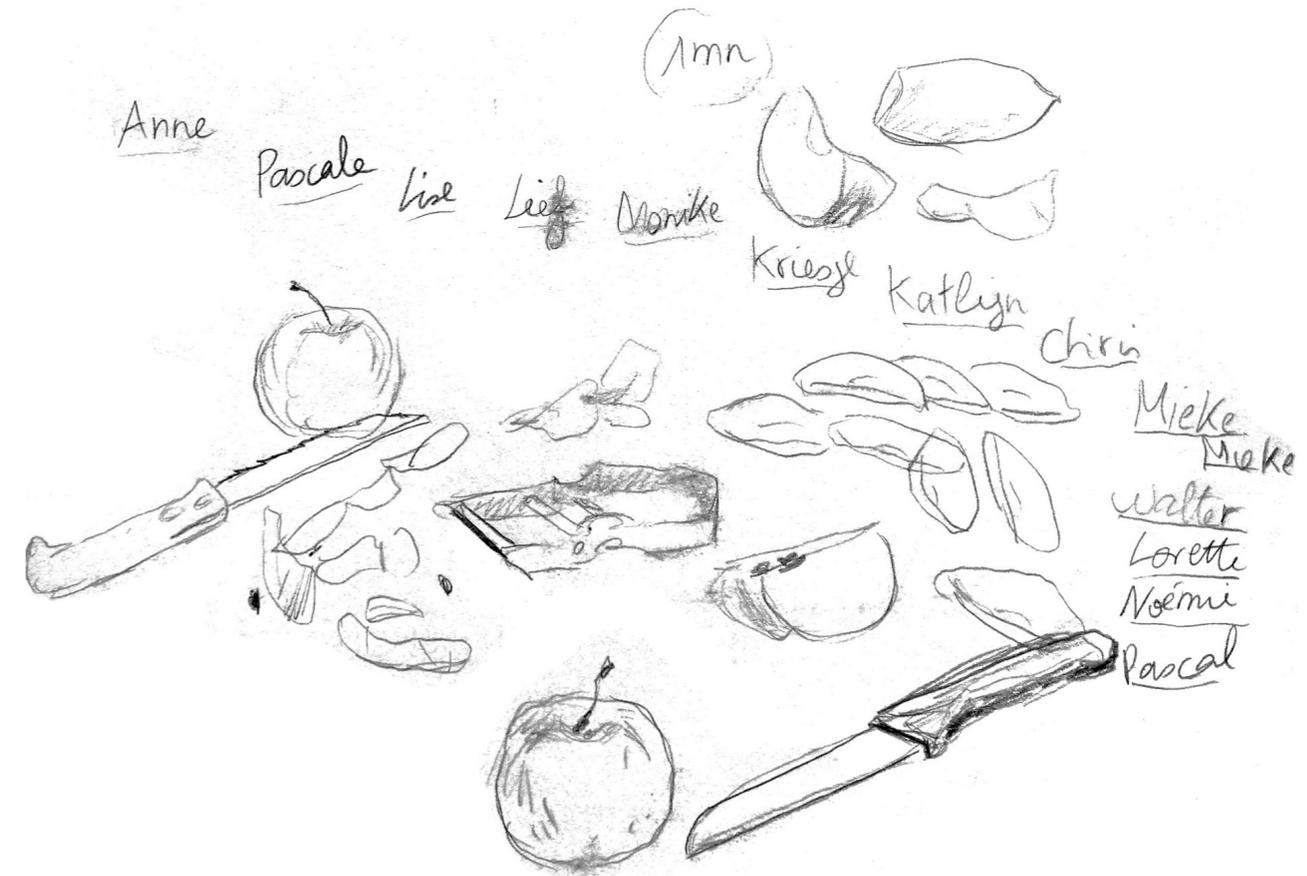
But it can also carry us, lift
us with all its strength, and
take us to other shores... »



LETTER FROM THE FUTURE



COMFORT FOOD



PREP YOUR GUESTS

A few days before the beginning of the workshop, the participants get a handwritten letter in their mailbox. Post-dated a few days after the end of the encounter, this letter thanks them for their participation, their unique contribution to the group dynamics. The letter is filled with dramaturgical clues, it acts as a teaser, an appetizer.



ROCKS

« Notice : From now on, you will form a rock with these people. The rock is an aggregate of your solitudes, a solid space on which you will be able to lean, to cement yourselves, to settle. Your co-rocks will be your confidants during these two days, you will take care of each other. »

« One meeting, one moment in your life that will never happen again. »

- Priya Parker, *The art of Gathering*



« There will be other conventions, other awakenings from naps, other hut constructions. But this meeting of solitudes is never going to be repeated. Ichi-go, ichi-e as they say in Japanese. »



« Together we built a hut,
a **comfort fort.** »

« Cédric, Noémie, Greta and I did the groundwork. You all brought the building materials.

We built it with stones from the region, beautiful and strong rocks. We decorated it with your blankets, your sensibilities, your landscapes, your gestures, your voices.

Collectively, we built this great edifice out of the ruins of the present: a comfortable, welcoming, livable fort. »



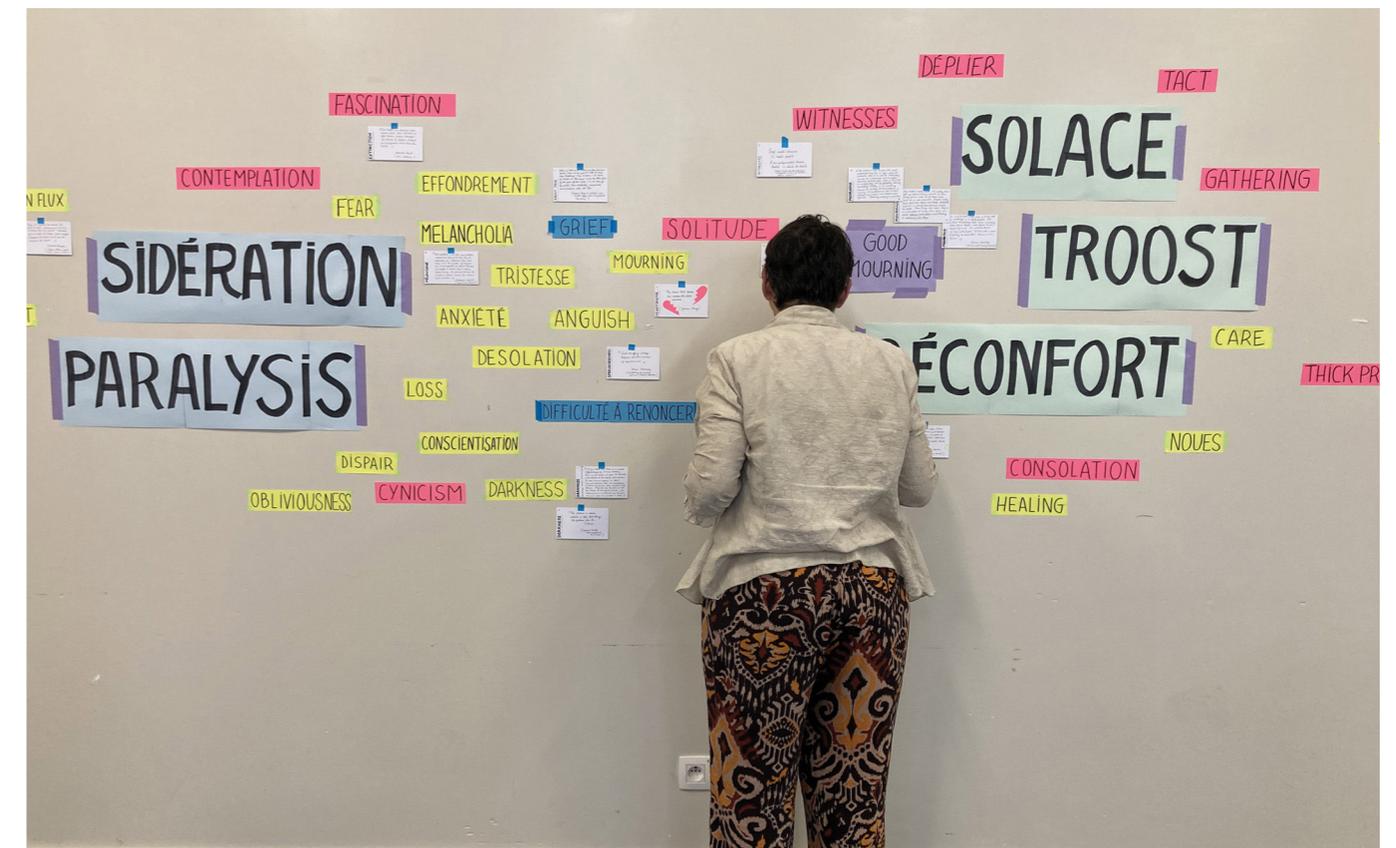


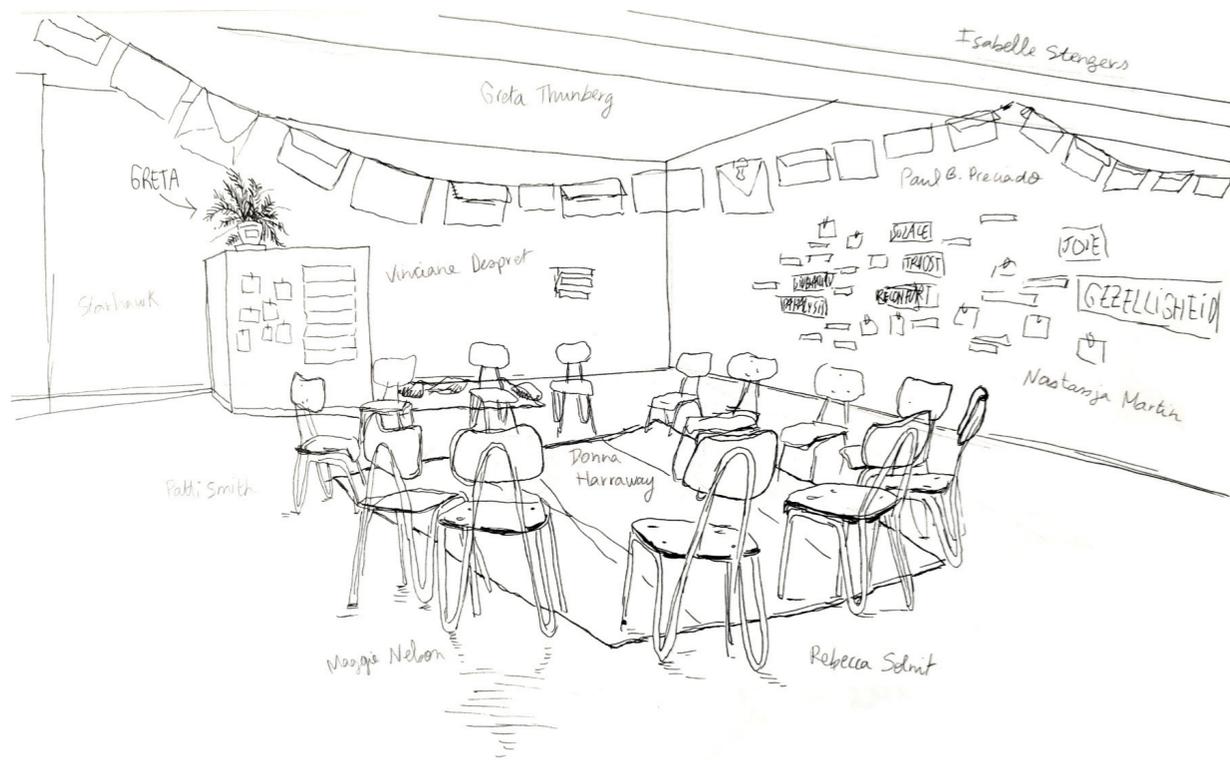
« Perhaps things that happened here will come back as an echo in a distant or near future. Like grains of sand in your shoes after a walk on the beach. Or biscuit crumbs in a mailed envelope.

On a rainy day, on a boring day, one of you might suggest to your grandchildren to build a blanket fort in the middle of the living room.

Someone else, on a walk, will come across a new landscape that he or she feels they have already seen, have already walked through in their imagination. »

« I will watch the wave arrive in the distance. »





TEAM

Concept : Lorette Moreau

Artistic collaboration : Amel Benaissa, Cédric Coomans, Céline Estenne, Greta, Noémie Touly

Production : Célestine Dahan / L'amicale in partnership with la Wander structure asbl.

Residencies : CC De Grote Post (Oostende), Le Corridor, le Service Provincial des Arts de la Scène asbl / La Fabrique de Théâtre, La chartreuse (Villeneuve-Lez-Avignon), La Bellone, Bain Public (Saint-Nazaire)

Coproduction : La Balsamine

Support : la Fédération Wallonie-Bruxelles — Service Général de la Création Artistique — Direction du Théâtre, le Comité Mixte Chartreuse / Fédération Wallonie-Bruxelles (Wallonie-Bruxelles Théâtre / Danse) & Kunstenpunt

